



A TASTE OF THE MEDITERRANEAN

Due to different cooking times, all of your dishes may not arrive at the same time

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www.mezzedownend.com

Contact Info
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£5.75 Each or 3 for £14.95

VEGETARIAN MEZZE DISHES

OLIVES & HUMMUS

roasted red peppers and coriander hummus with mixed marinated olives (v) (gf)

POTATO SKINS

deep fried, served with salsa and sour cream (v) (gf)

DEEP FRIED FARMHOUSE BRIE

served with a caramelised red onion marmalade

SPICED VEG BOREK

deep fried crispy pastry parcel with lightly spiced potatoes and grean peas, served with tzatziki (v)

GREEK SALAD

tomato, cucumber, red onion, pepper, olives, oregano and feta cheese, dressed with extra virgin oil and balsamic dressing (v) (gf)

MED MIXED SALAD

mixed leaves, sun dried tomatoes, cucumber, marinated olives, roasted peppers and feta cheese, dressed with extra virgin oil and balsamic dressing (v) (gf)

PATATAS BRAVAS OR AIOLI

crispy cubes of fried potato with a fiery tomato sauce or aioli sauce (v) (gf)

GOAT CHEESE BRUSCHETTA

melted creamy goat cheese and crispy ciabatta with red onion marmalade (v)

MADEIRA MUSHROOMS

creamed spinach and mushrooms served on toasted ciabatta with a garlic and Madeira reduction (v)

DOLMADES HALLOUMMI

chargrilled halloumi and stuffed vine leaves served with a black olive and garlic tapenade (v) (gf)

MEZZE RIKINTA

chick pea and saffron infused basmati rice (v) (gf)

MEZZE NACHOS

tortilla chips with melted cheese, sour cream, jalapenos, guacamole and salsa (v) (gf)

MARROCAN BUTTERNUT SQUASH, CHICK PEA & LENTIL STEW

lightly spiced north African stew with garlic and tomatoes finished with fresh coriander and basil (v) (gf)

MEDITERRANEAN ROASTED RED PEPPER

filled with vine tomato, smoked garlic and grilled halloumi with a green pesto dressing (v) (gf)

SPINACH & FETA BAKLAVA

traditional middle eastern dish with spinach and feta cheese baked in golden filo pastry (v)

VEGETARIAN MOUSAKA

classic Greek style dish made with potatoes and Mediterranean vegetables with a spiced tomato sauce and creamy parmesan béchamel (v)

MACARONI CHEESE CROQUETS

macaroni in a mozzarella and cheddar cheese sauce coated in crispy breadcrumbs, served with sweet chilli jam (v)

FALAFEL

crushed broad beans, chick peas, onion, peppers, celery, served with hummus dip (n)

BULGUR PILAF

healthy Turkish style bulgur wheat with butter and vegetables (onion, aubergine, pepper, tomatoes)

TZATZIKI

authentic Greek yoghurt dish made with cucumber, garlic, olive oil, fresh mint and lemon juice (v) (gf)

Enjoy some nibbles
WHILE YOU WAIT!
£ 2.75

OLIVES, HUMMUS , TZATZIKI or MINI NACHOS

MEAT MEZZE DISHES

BBQ RIBS

pork spare ribs with a sticky bbq sauce (gf)

SESAME COATED SOUTHERN STYLE FRIED CHICKEN

served with sweet chilli jam

MEZZE CLASSIC MEXICAN CHILLI BEEF

slow braised beef chilli, red kidney beans cooked in red wine, served with crispy tortilla chips and sour cream (gf)

FLAME GRILLED CHICKEN THIGHS

chargrilled tender chicken thighs marinated in Persian spices and our peri peri sauce (gf)

HOME MADE LASAGNE

beef mince, tomato, beef stock, mozzarella, chef's special béchamel sauce

MEZZE CLASSIC BEEF STIFADO

rich beef stew slowly cooked with red wine, garlic, celery, cinnamon, bay leaves and shallots (gf)

MAROCCAN CHICKEN TAGINE

spicy north African speciality with peppers, olives, onions, cream, dates and almonds (gf) (n)

GREEK LAMB CHOPS

tender marinated lamb chops, chargrilled, served with tzatziki (gf)

CHILLI CON CARNE POTATO SKINS

crispy potato skins filled with chilli beef and topped with gratin cheese (gf)

SHREDDED DUCK CROSTINI

oriental style shredded duck with rocket and a light hoisin sauce

PERSIAN CHICKEN SOUVLAKI

chargrilled tender pieces of chicken marinated in Persian spices, skewered with pepper, onion and tomato (gf)

ORIENTAL BEEF, PORK & NOODLE STIR FRY

flash fried garlic, beef and pork, with noodles, vegetables, sweet chilli and soy sauce

ALBANIAN LIVER

tender chunks of lamb liver panfried in butter, with smoked paprika, red onion and potato cubes

CHARGRILLED CHICKEN SHAWARMA

marinated with Middle Eastern flavours chicken, served in a warm pita bread with Greek tzatziki

OTTOMAN LAMB KOFTA

chargrilled, marinated with coriander and fresh spices, served with tzatziky (gf)

BOMBAY POTATOES & CHORIZO

cubes of potato pan fried with chorizo, spinach and indian spices (gf)

GRILLED PORK SOUVLAKI

chargrilled tender pieces of pork, skewered with pepper, onion and tomato marinated with Persian spices

Please advise your server about any allergies as not all the ingredients are stated in descriptions

V - Vegetarian GF - Gluten Free N - Contains Nuts
For additional dietary and allergens please ask your waiter

SEAFOOD MEZZE DISHES

SEA SALT & PEPPER SQUID

flour dusted and deep fried served with a smoky chipotle mayonnaise

PAN FRIED FILLET OF COD

herb marinated, served with tomato, red onion and parsley salsa

CALAMARI

rings of squid in a milky light garlic batter with lemon and homemade tartare sauce

SMOKED SALMON & AVOCADO (bell peppers) BRUSCHETTA

served with a red onion and parsley salsa

KING PRAWN & HARRISA GRATIN

king pawns in a creamy north African spiced sauce topped with cheese (gf)

MEDITERRANEAN FISH PIE

salmon, calamari, cod and king prawns in a cream and white wine sauce topped with buttered mashed potato (gf)

DEEP FRIED CRISPY SCAMPI

breaded hole tail scampi served with a sun dried tomato tartare sauce

ANDALUCIAN WHITEBAIT

little fishes deep fried in lemon breadcrumbs served with tartar sauce

MAIN COURSES

CHARGRILLED 8OZ SIRLOIN STEAK £18.00

served with thick chips and grilled mushroom (gf)
add peppercorn sauce (gf)

GRECIAN KLEFTICO £16.50

slow roasted shank of lamb with garlic, dry red wine and country herbs served with roasted mediterranean vegetables and creamy mash (gf)

GREEK LAMB CHOPS £13.95

tender marinated lamb chops, chargrilled, served on a bed of bulgur rice (wheat) with tzatziki and grilled spicy green pepper

BBQ SPARE RIBS £14.95

served with mezze slaw and fries (gf)

MEZZE 8OZ CHEESEBURGER (VEGGIE OPTION AVAILABLE) £12.50 £9.95

succulent prime beef, bacon, hottie sauce (radish and beetroot), melted cheddar cheese, salad, tomatoes, gerkins and pickled onion served with thick chips and coleslaw

VEGETARIAN MOUSSAKA £12.50

classic greek style dish made with potatoes and mediterranean vegetables with a spiced tomato sauce creamy parmesan béchamel, served with rikinta saffron rice and crudités salad (v)

GREEK PORK SOUVLAKI £14.50

juicy grilled pork, skewered with red onion, peppers and tomato, on a warm pita bread served with tzatziki, thick chips and crudites salad

PAN FRIED FILLET OF COD £13.50

herb marinated, served with sautéed spinach potatoes and tomato red onion and parsley salsa (gf)

PERSIAN CHICKEN SOUVLAKIA £14.50

chargrilled tender pieces of chicken skewered with tomato, onion and pepper, served with patatas aioli, greek salad and pita bread

OTTOMAN LAMB KOFTA £14.50

chargrilled with coriander and fresh spices served with bulgur rice, pita bread, tzatziki and crudités salad

SIDE DISHES

ROCKET & PARMESAN SALAD £4.10

rocket salad, grated parmesan, balsamic and olive oil dressing

MIXED SALAD £3.50

fresh mixed leaves salad dressed with extra virgin olive oil and balsamic vinegar

CHUNKY CHIPS £3.25

CHEESY CHIPS £3.75

SKINNY FRIES £3.25

CREAMY MASHED POTATOES £3.50

GARLIC BREAD £3.50

CHEESY GARLIC BREAD £4.00

SWEET POTATO FRIES £3.95

BULGUR PILAF £3.50

bulgur wheat, onions, peppers, aubergines, tomato

CRUDITES SALAD £3.25

carrot, white and red cabbage, celery

COLESLAW £3.00

SUNDAY LUNCH

Available from 12:00 - 5:00pm

1 Course £10.95 | 2 Courses £14.50 | 3 Courses £18.00

STARTERS

choose one from our delicious range of mezze served with rustic bread

MAINS

a choice of traditional roast sirloin of beef, roast chicken or loin of pork served with rosemary roast potatoes, Yorkshire pudding and seasonal vegetables

DESSERTS

select any delicious dessert from below

DESSERTS

MEZZE STICKY TOFFEE PUDDING £5.10

served with hot butterscotch sauce and vanilla ice cream

TURKISH GINGER & PISTACHIO BAKLAVA £5.25

homemade house speciality with stem ginger, walnuts and honey, served with Turkish delight ice cream

CREMA CATALANA £4.75

spanish classic dessert made with milk, lemon, orange, cinnamon, caramelized sugar and fresh strawberry (gf)

MEZZE CLASSIC CHOCOLATE BROWNIE £4.75

rich, fudgy and chocolately served warm with salted caramel ice cream (gf)

LUXURIOS BISCOFF CHEESECAKE £4.95

served with fruit compote

MEZZE MESS £4.75

layers of mixed berries, crushed meringue, whipped cream topped with vanilla ice cream and butterscotch sauce (gf)

IVOR'S FARM MADE SPECIALITY ICE CREAM £4.75

choose three flavoured scoops, ask your server for flavours (gf)